

# PLUSH MILLS litemovers.com

# Cleaning **5 DAY CHALLENGE APRIL 8th - APRIL 12th**

## ПЛV LIVING ROON

- Dust windows, windowsills, ledges, shelves, TV and light fixtures.
- · Put away loose and miscellaneous items.
- · Wipe down and disinfect coffee table, end tables, remotes, phones, and switches.
- Vacuum.
- · Open the windows to let in fresh air!

#### DAY 5 **BANDOM ITEMS**

- · Clear clutter from closets. Dispose or donate unused items.
- · Clean your junk drawer.
- · Sort through towels and lines and dispose of worn items.
- Do a load of laundry.

#### **DAY 2** KITCHEN

- Wash all dishes or load dishwasher.
- · Put away loose items on counter.
- Disinfect counters and sink.
- · Throw away expired food from fridge, freezer, and pantry.
- Remove any unused kitchen items or duplicates you do not need for donation.
- · Sweep floor.

#### **TIP FOR STAYING ORGANIZED:**

Turn all your hangers the opposite way. After you have worn an item, put it back in your closet how you normally would. After 6 months if the item in your closet has not been worn consider donating it.

## DAY 3 BEDROOM

- Make your bed.
- Dust windows, side tables, dressers, and any other bedroom furniture.
- Tidy up and clear away clutter.
- · Put away clean or dirty clothes.
- · Deodorize room or open windows to air out.

#### DAY 4 BATHROOM

- · Declutter countertops.
- · Sanitize sink and counters.
- · Organize medicine cabinet and dispose of unused items. If you have any questions about disposing of medications, please contact us for assistance.
- Disinfect toilet.
- · Vacuum and mop floor.

#### **DONATION DROP OFF DAY** Weds., April 24th 11:00AM- 1:00PM **Plush Mills North Lobby Entrance**

What to bring: Small non-furniture items. Being donated to: Green Drop and/or Community Warehouse Project.

> For more information, call (610) 859-4445



INDEPENDENT LIVING I PERSONAL CARE I PARKINSON'S CARE 501 Plush Mills Road | Wallingford, PA 19086 | PlushMills.com