



Start your day off right! Unlike most independent living communities, at Plush Mills a full breakfast is included in your meal plan. Then, you have a meal credit equal to the number of days in the month to use as you like. Eat lunch or dinner in the dining room every day, or accumulate credits for the days you don't use to host friends and family, or eat lunch and dinner on some days. Your choice!

We offer favorites every day, introduce new dishes seasonally, and feature a special entrée daily.

Soups & Salads

Maryland Crab Chowder
Pasta e Fagioli
Vegetarian Vegetable

Beef Noodle
Classic Caesar Salad
Cobb Salad

Billie Salad
House Salad

This Week's Specials

Stuffed Peppers with Sautéed Spinach
Braised Leg of Lamb with Roasted Potatoes & Steamed Broccoli
Beef Stroganoff with Buttered Noodles
Chicken Francaise with Mashed Potatoes & Green Beans
Braised Pork Shank with Balsamic Glaze with Asparagus & Mushroom Risotto
Plush Mills Catch of the Day
Spaghetti & Meatballs with Garlic Bread

Seasonal Selections

Grilled Chicken Florentine
BBQ Baby Back Ribs
Lake Victoria Wild-Caught Perch
Mandarin Chicken Salad

Comfort Food Favorites

Omelet Made Your Way
Chicken Fingers
Grilled Cheese Sandwich
All-Beef Hotdogs

Always Available Classics

Center-Cut Filet Mignon
Crab Cakes with Lemon Mustard Aioli
Grilled Atlantic Salmon
Pasta 'As You Like It'
Angus Burger or Veggie Burger
Eggplant Parmesan

For those who prefer a big meal midday, our lunch menu features plenty of options for a hearty meal, along with the traditional deli sandwich and salad fare.
