

SEPTEMBER 2024 PROGRAMMING CALENDAR -INDEPENDENT LIVING

ARTISAN AT HUDSON

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1</p> <p>10:00 Livestream of Catholic Mass with Communion (IL Lounge)</p> <p>10:15 Word Games (AL Lounge)</p> <p>11:00 Streamed Protestant Service (Theater)</p> <p>11:00 Chair Yoga with Kristina (AL Studio)</p> <p>11:30 Spa Manicures (ALStudio)</p> <p>12:30 Walking Club</p> <p>1:30 University Lecture Series: What was Normans Cousins- A Peacemaker in the Atomic Age (Theater)</p> <p>2:00 Playing Card Bingo (AL Studio)</p> <p>4:00 Happy Hour (IL Bar)</p> <p>6:30 Movie Night (Theater)</p> <p>7:00 Evenings with Dan (IL Studio)</p>	<p>2 Labor Day</p> <p>11:00 Manicures with Life Enrichment (AL Studio)</p> <p>11:00 (AL Studio)</p> <p>1:00 Walking Club (Meet in AL Studio)</p> <p>1:00 Labor Day Cheesecake Parfaits Baking with Melissa (AL Studio)</p> <p>1:00 Mexican Train Dominos Game (AL Lounge)</p> <p>1:00 Pre Bingo-Splatter Fun with John (AL Studio)</p> <p>1:30 Meditation with Dr. Raj (Theater)</p> <p>2:00 BINGO (AL Studio)</p> <p>2:30 History of Labor Day Presentation (Theater)</p> <p>4:00 Happy Hour (IL Bar)</p> <p>4:30 Labor Day BBQ Bash! (Dining Room)</p> <p>6:30 Movie Night (Theater)</p>	<p>3</p> <p>11:00 Morning Crossword Puzzles (IL Studio)</p> <p>11:00 Voting Trip to Hudson Town Hall</p> <p>11:00 Move For Life (AL Studio)</p> <p>1:00 Mahjong (IL Studio)</p> <p>1:00 Yahtzee (AL Lounge)</p> <p>2:00 Make "Welcome Back to School" Cards for Quinn Middle School (AL Studio)</p> <p>2:30 Spanish Language Club (IL Cafe)</p> <p>3:30 Live Piano Bar with Mel Stiller & Happy Hour (IL Bar)</p> <p>6:30 Movie Night (Theater)</p> <p>7:00 Poker Night (IL Studio)</p>	<p>4</p> <p>11:00 Morning Crossword Puzzles (IL Studio)</p> <p>11:00 Move For Life (AL Studio)</p> <p>1:00 Bible Share & Care (Theater)</p> <p>1:00 Walking Club</p> <p>1:00 Mexican Train Dominos Game (AL Lounge)</p> <p>1:00 Rummikube (IL Lounge)</p> <p>1:00 Pre-Bingo Splatter Fun with John (AL Studio)</p> <p>1:30 Meditation with Dr. Raj (Theater)</p> <p>2:00 Cribbage for Beginners (IL Lounge)</p> <p>2:00 BINGO (AL Studio)</p> <p>4:00 Happy Hour (IL Bar)</p> <p>6:30 Playing Card Bingo (AL Studio)</p> <p>7:00 Artisan's Book Club (Theater)</p>	<p>5</p> <p>11:00 Morning Crossword Puzzles (IL Studio)</p> <p>11:00 Move For Life (AL Studio)</p> <p>1:00 Mahjong (IL Studio)</p> <p>1:00 Yahtzee (AL Lounge)</p> <p>1:30 Meditation with Dr. Raj (Theater)</p> <p>2:00 Make your own Tea Blend (IL Studio)</p> <p>2:00 Canvas Painting with John (IL Studio)</p> <p>2:00 Watercolor Painting with Paul (IL Studio)</p> <p>4:00 Happy Hour (IL Bar)</p> <p>6:30 Movie Night (Theater)</p>	<p>6</p> <p>11:00 Morning Crossword Puzzles (IL Studio)</p> <p>11:00 Move For Life (AL Studio)</p> <p>1:00 Walking Club</p> <p>1:00 Mexican Train Dominos Game (AL Lounge)</p> <p>1:00 Crafternoon: Flapper Head Pieces for the Great Gatsby Party (AL Studio)</p> <p>1:30 Meditation with Dr. Raj (Theater)</p> <p>2:00 Playing Card Bingo (AL Studio)</p> <p>4:00 Putt Golf Happy Hour (IL Bar)</p> <p>6:30 Movie Night (Theater)</p> <p>7:00 Evenings with Dan (IL Studio)</p>	<p>7</p> <p>10:30 Ladies Tea Club (AL Studio)</p> <p>11:00 Video Exercises (AL Studio)</p> <p>12:30 Walking Club</p> <p>1:00 Thank You cards making for First Responders (AL Lounge)</p> <p>2:00 Spanish Club with Betsy (IL Studio)</p> <p>2:00 BINGO (AL Studio)</p> <p>4:00 Happy Hour (IL Bar)</p> <p>6:30 Movie Night (Theater)</p>
<p>8 Grandparents Day! ASSISTED LIVING WEEK BEGINS</p> <p>10:00 Livestream of Catholic Mass, with Communion (IL Lounge)</p> <p>10:15 Word Games (AL Lounge)</p> <p>11:00 Streamed Protestant Service (Theater)</p> <p>11:30 In-person Communion by Deacon Chuck (IL Lounge)</p> <p>11:00 Be Fit with McKayla (AL Studio)</p> <p>11:30 Spa Manicures (ALStudio)</p> <p>1:00 Granparents Day Social with Caricaturist, Balloon Twister & Ice Cream!</p> <p>2:00 Playing Card Bingo- Resident Led (IL Studio)</p> <p>4:00 Happy Hour (IL Bar)</p> <p>6:30 Movie Night (Theater)</p> <p>7:00 Evenings with Dan (IL Studio)</p>	<p>9</p> <p>11:00 Morning Crossword Puzzles (IL Studio)</p> <p>11:00 Move For Life (AL Studio)</p> <p>1:00 Walking Club (Meet in AL Studio)</p> <p>1:00 Social Media 101 (IL Studio)</p> <p>1:00 Mexican Train Dominos Game (AL Lounge)</p> <p>1:30 Meditation with Dr. Raj (Theater)</p> <p>1:00 Pre Bingo Splatter Fun with John (AL Studio)</p> <p>2:00 Limerick Writing Class (IL Studio)</p> <p>2:00 BINGO (AL Studio)</p> <p>4:00 Happy Hour (IL Bar)</p> <p>6:30 Movie Night (Theater)</p>	<p>10</p> <p>10:30 Virtual Parkinson's Class (Theater)</p> <p>11:00 Luncheon Trip to Barber's Crossing</p> <p>11:00 Morning Crossword Puzzles (IL Studio)</p> <p>11:00 Move For Life (AL Studio)</p> <p>1:00 Mahjong (IL Studio)</p> <p>1:00 Yahtzee (AL Lounge)</p> <p>2:00 Visit with Therapy Alpaca and Ice Cream Social by The Reservoir Center for Health & Rehab (AL Studio)</p> <p>2:30 Spanish Language Club (IL Cafe)</p> <p>3:30 Toss it Tuesdays- Cornhole (IL Studio)</p> <p>4:00 Happy Hour (IL Bar)</p> <p>6:30 Movie Night (Theater)</p> <p>7:00 Poker Night (IL Studio)</p>	<p>11 Patriot Day</p> <p>11:00 Morning Crossword Puzzles (IL Studio)</p> <p>11:00 Move For Life (AL Studio)</p> <p>1:00 Bible Share & Care(Theater)</p> <p>1:00 Fall Prevention Talk by Alli (AL Studio)</p> <p>1:00 Rummikube (IL Lounge)</p> <p>1:00 Mexican Train Dominos Game (AL Lounge)</p> <p>1:00 Pre Bingo Splatter Fun with John (AL Studio)</p> <p>1:30 Meditation with Dr. Raj (Theater)</p> <p>2:00 Cribbage for Beginners (IL Lounge)</p> <p>2:00 BINGO (AL Studio)</p> <p>2:45 Documentary: 9/11 and the War of Terror (Theater)</p> <p>4:00 Happy Hour (IL Bar)</p> <p>4:30 Assisted Living Week Special Dinner (Dining Room)</p> <p>6:30 Playing Card Bingo (AL Studio)</p>	<p>12</p> <p>11:00 Morning Crossword Puzzles (IL Studio)</p> <p>11:00 Move For Life (AL Studio)</p> <p>11:00-4:00 Jewelry Show (AL Lounge)</p> <p>1:00 Mahjong (IL Studio)</p> <p>1:00 Yahtzee (AL Lounge)</p> <p>1:00 Cooking Demo with Culinary (AL Café)</p> <p>1:30 Meditation with Dr. Raj (Theater)</p> <p>2:00 Book Presentation- World War II Massachusetts by Author James Parr (Theater)</p> <p>2:00 Canvas Painting with John (IL Studio)</p> <p>4:00 Happy Hour (IL Bar)</p> <p>6:30 Movie Night (Theater)</p>	<p>13</p> <p>11:00 Morning Crossword Puzzles (IL Studio)</p> <p>11:00 Move For Life (AL Studio)</p> <p>1:00 Walking Club</p> <p>1:00 Mexican Train Dominos Game (AL Lounge)</p> <p>1:30 Meditation with Dr. Raj (Theater)</p> <p>1:30 Flower Arranging & Tea Social (AL Studio)</p> <p>2:00 Playing Card Bingo (IL Studio)</p> <p>4:00 Putt Golf Happy Hour (IL Bar)</p> <p>6:30 Movie Night (Theater)</p> <p>7:00 Evenings with Dan (IL Studio)</p>	<p>14</p> <p>10:30 Ladies Tea Club (AL Studio)</p> <p>11:00 Chair Yoga with Kristina (AL Studio)</p> <p>12:30 Walking Club</p> <p>1:00 Ice Cream Sundae Social (AL Lounge)</p> <p>2:00 Spanish Club with Betsy (IL Studio)</p> <p>2:00 BINGO (AL Studio)</p> <p>4:00 Happy Hour (IL Bar)</p> <p>6:30 Movie Night (Theater)</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>15</p> <p>10:00 Livestream of Catholic Mass with Communion (IL Lounge)</p> <p>10:15 Word Games (AL Lounge)</p> <p>11:00 Streamed Protestant Service (Theater)</p> <p>11:00 Chair Yoga with Kristina (AL Studio)</p> <p>11:30 Spa Manicures (AL Studio)</p> <p>12:30 Walking Club</p> <p>1:00 Bake Away with Kristina (AL Studio)</p> <p>1:30 Culinary Meeting with Chef Vi (AL Dining Room)</p> <p>2:00 Playing Card Bingo (AL Studio)</p> <p>4:00 Happy Hour (IL Bar)</p> <p>6:30 Movie Night (Theater)</p> <p>7:00 Evenings with Dan (IL Studio)</p>	<p>16</p> <p>11:00 Morning Crossword Puzzles (IL Studio)</p> <p>11:00 Move For Life (AL Studio)</p> <p>1:00 Walking Club (Meet in AL Studio)</p> <p>1:00 Social Media 101 (IL Studio)</p> <p>1:30 Meditation with Dr. Raj (Theater)</p> <p>1:30 Mexican Train Dominos Game (AL Lounge)</p> <p>2:00 Bingo Bonanza Alzheimer's Fundraiser Event (Sign-Ups required) (AL Studio)</p> <p>4:00 Happy Hour (IL Bar)</p> <p>6:30 Movie Night (Theater)</p>	<p>17</p> <p>10:30 Virtual Parkinson's Class (Theater)</p> <p>10:30 Apple Picking & Lunch trip to Tougas Family Farm (Northborough)</p> <p>11:00 Morning Crossword Puzzles (IL Studio)</p> <p>11:00 Move For Life (AL Studio)</p> <p>1:00 Mahjong (IL Studio)</p> <p>1:00 Yahtzee (AL Lounge)</p> <p>2:00 Multiple Stops Shopping Trip to Stop n Shop, Market Basket, Dollar Tree & TJ Maxx</p> <p>2:00 Live Concert by Rob LeDoux (AL Studio)</p> <p>2:30 Spanish Language Club (IL Cafe)</p> <p>3:30 Toss it Tuesdays- Cornhole (IL Studio)</p> <p>4:00 Happy Hour (IL Bar)</p> <p>6:00 Seniors Prom Night – Great Gatsby Theme (AL Studio)</p> <p>6:30 Movie Night (Theater)</p> <p>7:00 Poker Night (IL Studio)</p>	<p>18</p> <p>11:00 Morning Crossword Puzzles (IL Studio)</p> <p>11:00 Move For Life (AL Studio)</p> <p>1:00 Bible Share & Care (Theatre)</p> <p>1:00 Walking Club</p> <p>1:00 Rummikube (IL Lounge)</p> <p>1:00 Mexican Train Dominos Game (AL Lounge)</p> <p>1:00 Pre-Bingo Splatter Fun with John (AL Studio)</p> <p>1:30 Meditation with Dr. Raj (Theater)</p> <p>2:00 Cribbage for Beginners (IL Studio)</p> <p>2:00 BINGO (AL Studio)</p> <p>3:00 Presentation on Life & Music of Neil Diamond by Joe Malone (Theater)</p> <p>4:00 Happy Hour (IL Bar)</p> <p>6:30 Playing Card Bingo (AL Studio)</p>	<p>19</p> <p>11:00 Morning Crossword Puzzles (IL Studio)</p> <p>11:00 Move For Life (AL Studio)</p> <p>1:00 Mahjong (IL Studio)</p> <p>1:00 Yahtzee (AL Lounge)</p> <p>1:30 Meditation with Dr. Raj (Theater)</p> <p>2:00 Ceramics Class for Beginners (IL Studio)</p> <p>2:00 Line Dancing (AL Studio)</p> <p>2:00 Canvas Painting with John (IL Studio)</p> <p>2:00 Beginners Watercolor Painting with Paul (IL Studio)</p> <p>4:00 Happy Hour (IL Bar)</p> <p>6:30 Movie Night (Theater)</p>	<p>20</p> <p>11:00 Morning Crossword Puzzles (IL Studio)</p> <p>11:00 Move For Life (AL Studio)</p> <p>1:00 Walking Club</p> <p>1:00 Mexican Train Dominos (AL Lounge)</p> <p>1:30 Meditation with Dr. Raj (Theater)</p> <p>1:00 Crafternoon: Seasonal Fall Crafts (AL Studio)</p> <p>2:00 Playing Card Bingo (AL Studio)</p> <p>2:45 Armchair Travels-South Korea Part 1 (Theater)</p> <p>4:00 Putt Golf Happy Hour (IL Bar)</p> <p>6:30 Movie Night (Theater)</p> <p>7:00 Evenings with Dan (IL Studio)</p>	<p>21</p> <p>10:30 Ladies Tea Club (AL Studio)</p> <p>11:00 Video Exercises (AL Studio)</p> <p>12:30 Walking Club</p> <p>1:00 Educational Talk by Megan from the Gentle Dental Clinic (AL Studio)</p> <p>2:00 Spanish Club with Betsy (IL Studio)</p> <p>1:45 BINGO (AL Studio)</p> <p>2:45 Armchair Travels-South Korea Part 2 (Theater)</p> <p>4:00 Happy Hour (IL Bar)</p> <p>6:30 Movie Night (Theater)</p>
<p>22</p> <p>10:00 Livestream of Catholic Mass, with Communion (IL Lounge)</p> <p>10:15 Word Games (AL Lounge)</p> <p>11:00 Streamed Protestant Service (Theater)</p> <p>11:00 Be Fit with McKayla (AL Studio)</p> <p>11:30 Spa Manicures (AL Studio)</p> <p>12:30 Walking Club</p> <p>1:30 University Lecture Series: Norman Rockwell- Painting America's Stories (Theater)</p> <p>2:00 Playing Card Bingo (IL Studio)</p> <p>4:00 Happy Hour (IL Bar)</p> <p>6:30 Movie Night (Theater)</p> <p>7:00 Evenings with Dan (IL Studio)</p>	<p>23</p> <p>11:00 Morning Crossword Puzzles (IL Studio)</p> <p>11:00 Move For Life (AL Studio)</p> <p>1:00 Walking Club (Meet in AL Studio)</p> <p>1:00 Social Media 101 (IL Studio)</p> <p>1:00 Pre Bingo-Splatter Fun with John (AL Studio)</p> <p>1:30 Meditation with Dr. Raj (Theater)</p> <p>1:30 Mexican Train Dominos Game (AL Lounge)</p> <p>2:00 Limerick Writing Class (IL Studio)</p> <p>2:00 BINGO (AL Studio)</p> <p>4:00 Happy Hour (IL Bar)</p> <p>6:00 Live Concert by Kalifornia Karl (AL Studio)</p> <p>6:30 Movie Night (Theater)</p>	<p>24</p> <p>10:30 Virtual Parkinson's Class (Theater)</p> <p>11:00 Morning Crossword Puzzles (IL Studio)</p> <p>11:00 Trip to Nashoba Valley Winery for Wine Tasting & Lunch</p> <p>11:00 Move For Life (AL Studio)</p> <p>1:00 Mahjong (IL Studio)</p> <p>1:00 Yahtzee (AL Lounge)</p> <p>2:00 Educational Program with Maureen from Framingham State University (AL Studio)</p> <p>2:30 Spanish Language Club (IL Cafe)</p> <p>3:30 Toss it Tuesdays- Cornhole (IL Studio)</p> <p>4:00 Happy Hour (IL Bar)</p> <p>6:30 Movie Night (Theater)</p> <p>7:00 Poker Night (IL Studio)</p>	<p>25</p> <p>11:00 Morning Crossword Puzzles (IL Studio)</p> <p>11:00 Move For Life (AL Studio)</p> <p>1:00 Walking Club</p> <p>1:00 Bible Share & Care (Theatre)</p> <p>1:00 Rummikube (IL Lounge)</p> <p>1:00 Mexican Train Dominos Game (AL Lounge)</p> <p>1:00 Pre-Bingo Splatter Fun with John (AL Studio)</p> <p>1:30 Meditation with Dr. Raj (Theater)</p> <p>2:00 Cribbage for Beginners (IL Lounge)</p> <p>2:00 BINGO (AL Studio)</p> <p>4:00 Happy Hour (IL Bar)</p> <p>6:30 Playing Card Bingo (AL Studio)</p>	<p>26</p> <p>11:00 Morning Crossword Puzzles (IL Studio)</p> <p>11:00 Move For Life (AL Studio)</p> <p>1:00 Mahjong (IL Studio)</p> <p>1:00 Yahtzee (AL Lounge)</p> <p>1:30 Meditation with Dr. Raj (Theater)</p> <p>2:00 Presentation by Author & Publisher Henry Quinlan on 50 years in Publishing (Theater)</p> <p>2:00 Canvas Painting with John (IL Studio)</p> <p>2:00 Beginners Watercolor Painting with Paul (IL Studio)</p> <p>4:00 Happy Hour (IL Bar)</p> <p>6:30 Movie Night (Theater)</p>	<p>27</p> <p>11:00 Morning Crossword Puzzles (IL Studio)</p> <p>11:00 Seated Hip Hop Dance Exercise (AL Studio)</p> <p>1:00 Walking Club</p> <p>1:00 Mexican Train Dominos Game (AL Lounge)</p> <p>1:00 Move For Life (AL Studio)</p> <p>1:00 Crafternoon: Seasonal Fall Crafts (IL Studio)</p> <p>1:30 Meditation with Dr. Raj (Theater)</p> <p>2:00 Playing Card Bingo (IL Studio)</p> <p>4:00 Putt Golf Happy Hour (IL Bar)</p> <p>6:30 Movie Night (Theater)</p> <p>7:00 Evenings with Dan (IL Studio)</p>	<p>28</p> <p>10:30 Ladies Tea Club (AL Studio)</p> <p>11:00 Chair Yoga with Kristina (AL Studio)</p> <p>12:30 Walking Club</p> <p>2:00 Spanish Club with Betsy (IL Studio)</p> <p>2:00 BINGO (AL Studio)</p> <p>4:00 Happy Hour (IL Bar)</p> <p>6:30 Movie Night (Theater)</p>
<p>29</p> <p>10:00 Livestream of Catholic Mass with Communion (IL Lounge)</p> <p>10:15 Word Games (AL Lounge)</p> <p>11:00 Streamed Protestant Service (Theater)</p> <p>11:00 Chair Yoga with Kristina (AL Studio)</p> <p>11:30 Spa Manicures (AL Studio)</p> <p>12:30 Walking Club</p> <p>1:30 University Lecture Series: The Rise and Fall of the British Empire (Theater)</p> <p>2:00 Playing Card Bingo (AL Studio)</p> <p>4:00 Happy Hour (IL Bar)</p> <p>6:30 Movie Night (Theater)</p> <p>7:00 Evenings with Dan (IL Studio)</p>	<p>30</p> <p>11:00 Morning Crossword Puzzles (IL Studio)</p> <p>11:00 Move For Life (AL Studio)</p> <p>1:00 Walking Club</p> <p>1:00 Social Media 101 (IL Studio)</p> <p>1:00 Pre Bingo-Splatter Fun with John (AL Studio)</p> <p>1:30 Meditation with Dr. Raj (Theater)</p> <p>1:30 Mexican Train Dominos Game (AL Lounge)</p> <p>2:00 BINGO (AL Studio)</p> <p>4:00 Happy Hour (IL Bar)</p> <p>6:30 Movie Night (Theater)</p>		<p>Coffee & Conversations Monday -Friday in IL Lounge at 10:30AM</p> <p>Grab a buddy and enjoy some coffee & conversations.</p>	<p>Theme of The Month</p> <p>EDUCATION</p>	<p>Please note that all activities and/or programs are subject to change without prior notice, please refer to the daily schedule on the bulletin boards for the most up to date programs</p>	