

MAY 2024 PROGRAMMING CALENDAR -INDEPENDENT LIVING

ARTISAN AT HUDSON

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>THEME OF THE MONTH</p> <p>FUTURE</p>		<p>Coffee & Conversations Monday -Friday in AL Lounge at 10:30AM</p> <p>Grab a buddy and enjoy some coffee & conversations.</p>	<p>1 11:00 Move For Life (AL Studio) 1:00 Bible Share & Care (Theater) 1:00 Walking Club (Meet in AL Studio) 1:00 Rummikub (IL Lounge) 1:30 Derby Fascinators Decorating (IL Studio) 2:00 BINGO (AL Studio) 2:00 Canvas Painting with John (IL Studio) 3:30 Happy Hour – Collect your Derby Betting Cards (AL Bar) 6:30 Playing Card Bingo (AL Studio) 7:00 The Artisan Book Club (Theater)</p>	<p>2 11:00 Move For Life(AL Studio) 1:00 Mahjong (IL Studio) 1:30 Meditation with Dr. Raj (Theater) 2:00 Cinco De Mayo Fiesta with Mariachi Band (AL Studio) 2:00 Canvas Painting with John (IL Studio) 2:00 Watercolor Painting with Paul (IL Studio) 4:00 Happy Hour (IL Bar) 6:30 Movie Night (Theater)</p>	<p>3 11:00 Move For Life (AL Studio) 1:00 Walking Club (Meet in AL Studio) 1:00 Men’s Group-Shuffleboard/Putt Golf (AL Patio) 1:00 Mexican Train Dominos Game (AL Lounge) 2:00 Playing Card Bingo (AL Studio) 4:00 Happy Hour (IL Bar) 6:30 Movie Night (Theater) 7:00 Evenings with Dan (IL Studio)</p>	<p>4 Kentucky Derby 10:30 Facial Boutique by Despina (Theater) 11:00 Video Exercises (AL Studio) 11:00 Spa Manicures (AL Studio) 1:15 Rick Steeves Travelogue: Travel to Mexico Part 1 with Refreshments (Theater) 2:00 Spanish Class with Betsy (IL Studio) 2:00 BINGO (AL Studio) 4:00 Happy Hour with Mint Juleps! (IL Bar) 6:30 Movie Night (Theater) 7:00 Kentucky Derby Watch Party with Cheese Platter (IL Bar)</p>
<p>5 10:00 Livestream of Catholic Mass (IL Bar & Lounge) 11:00 Smoothie Sundays (IL Studio) 11:00 Streamed Protestant Service (Theater) 1:15 Rick Steeves Travelogue: Travel to Mexico Part 2 with Refreshments (Theater) 2:00 Playing Card Bingo (AL Studio) 4:00 Happy Hour (IL Bar) 6:30 Movie Night (Theater) 7:00 Evenings with Dan (IL Studio)</p>	<p>6 11:00 Move For Life (AL Studio) 11:00 Gardening Club (IL Studio) 1:00 Walking Club (Meet in AL Studio) 1:30 Meditation with Dr. Raj (Theater) 1:00 Mexican Train Dominos Game (AL Lounge) 2:00 BINGO (AL Studio) 4:00 Happy Hour (IL Bar) 6:30 Movie Night (Theater)</p>	<p>7 11:00 Trip to Historical Tour of the Hanover Theater 11:00 Pretty Things Pop-Up Jewelry Store (AL Lounge) 11:00 Move For Life (AL Studio) 1:00 Mahjong (IL Studio) 1:00 Yahtzee (AL Lounge) 2:00 Presentation on Tony Bennett by Joe Malone (Theater) 2:00 Fluid Canvas Art (AL Studio) 2:30 Spanish for Beginners – Resident Practice Class (IL Cafe) 3:30 Happy Hour & Kentucky Derby Betting Winners Announcement (AL Bar) 6:30 Movie Night (Theater) 7:00 Poker Night (IL Studio)</p>	<p>8 11:00 Move For Life (AL Studio) 1:00 Bible Share & Care (Theater) 1:00 Walking Club 1:00 Rummikub (IL Lounge) 1:00 Recycled Craft Garden Project (AL Studio) 1:00 Decoupage Planter Pots (AL Lounge) 2:00 BINGO (AL Studio) 2:00 Canvas Painting with John (IL Studio) 4:00 Happy Hour (IL Bar) 6:30 Playing Card Bingo (AL Studio)</p>	<p>9 11:00 Move For Life (AL Studio) 1:00 Mahjong (IL Studio) 1:00 Yahtzee (AL Lounge) 1:00 Gary’s Grub Group (AL Dining Room) 12:30 Concert Trip to Groton Hill Music Center (Meet in the AL Studio for pick-up) 1:30 Meditation with Dr. Raj (Theater) 2:00 Canvas Painting with John (IL Studio) 2:00 Watercolor Painting with Paul (IL Studio) 4:00 Happy Hour (IL Bar) 6:30 Movie Night (Theater)</p>	<p>10 11:00 Move For Life (AL Studio) 1:00 Men’s Group-Shuffleboard/Putt Golf (AL Patio) 1:00 Walking Club (Meet in AL Studio) 1:00 Mexican Train Dominos Game (AL Lounge) 1:30 Meditation with Dr. Raj (Theater) 2:00 Playing Card Bingo (AL Studio) 4:00 Happy Hour (IL Bar) 6:30 Movie Night (Theater) 7:00 Evenings with Dan (IL Studio)</p>	<p>11 11:00 Video Exercises (AL Studio) 11:00 Spa Manicures (AL Studio) 1:00 Shuffleboard/Putt Golf (AL Patio) 2:00 Mother’s Day Tea Party & Special Bingo (AL Studio) 2:00 Spanish Class with Betsy (IL Studio) 4:00 Happy Hour (IL Bar) 6:30 Movie Night (Theater)</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>12 Mother's Day 10:00 Livestream of Catholic Mass, with Communion (IL Bar & Lounge) 11:00 Streamed Protestant Service (Theater) 11:00-2:00 Mother's Day Brunch (Dining Room) 11:30 Communion Service by Deacon Chuck (IL Lounge) 2:00 Playing Card Bingo (IL Studio) 4:00 Happy Hour (IL Bar) 6:30 Movie Night (Theater) 7:00 Evenings with Dan (IL Studio)</p>	<p>13 11:00 Move For Life (AL Studio) 11:00 Gardening Club (IL Studio) 1:00 Walking Club (Meet in AL Studio) 1:30 Meditation with Dr. Raj (Theater) 1:30 Mexican Train Dominos Game (AL Lounge) 2:00 BINGO (AL Studio) 4:00 Happy Hour (IL Bar) 6:30 Movie Night (Theater)</p>	<p>14 10:30 Trip to Market Basket 11:00 Move For Life (AL Studio) 1:30 Trip to Stop n Shop 2:00 Spring Wreath Making (AL Studio) 1:00 Mahjong (IL Studio) 2:30 Spanish for Beginners – Resident Practice Class (IL Cafe) 4:00 Happy Hour (IL Bar) 6:30 Movie Night (Theater) 7:00 Poker Night (IL Studio)</p>	<p>15 10:30 The Hundredth Town Chorus Performs (AL Studio) 11:00 Move For Life (AL Studio) 1:00 Bible Share & Care (Theater) 1:00 Walking Club 1:00 Rummikub (IL Lounge) 1:00 Zumba for Beginners (IL Studio) 1:00 Recycled Craft Garden Project (AL Studio) 2:00 BINGO (AL Studio) 2:00 Canvas Painting with John (IL Studio) 4:00 Happy Hour (IL Bar) 6:30 Playing Card Bingo (AL Studio)</p>	<p>16 11:00 Move For Life (AL Studio) 1:00 Mahjong (IL Studio) 1:00 Yahtzee (AL Lounge) 1:30 Meditation with Dr. Raj (Theater) 2:00 Line Dancing (AL Studio) 2:00 Canvas Painting with John (IL Studio) 2:00 Beginners Watercolor Painting with Paul (IL Studio) 2:30 Salute to Broadway: Part one- Music & Memories (Theater) 4:00 Happy Hour (IL Bar) 6:30 Movie Night (Theater)</p>	<p>17 11:00 Move For Life (AL Studio) 1:00 Men's Group-Shuffleboard/Putt Golf (AL Patio) 1:00 Walking Club 1:00 Mexican Train Dominos (AL Lounge) 1:30 Meditation with Dr. Raj (Theater) 1:30 Garden Rock Painting (IL Studio) 2:00 Playing Card Bingo (AL Studio) 4:00 Happy Hour (IL Bar) 6:30 Movie Night (Theater) 7:00 Evenings with Dan (IL Studio)</p>	<p>18 10:30 Facial Boutique by Despina (Theater) 11:00 Video Exercises (AL Studio) 1:00 Shuffleboard/Putt Golf (AL Patio) 1:30 Documentary Hour: Earth's Survival: Decoding the Climate Science (Theater) 2:00 Spanish Class with Betsy (IL Studio) 2:00 Live Theater Performance (AL Studio) 4:00 Happy Hour (IL Bar) 6:30 Movie Night (Theater)</p>
<p>19 10:00 Livestream of Catholic Mass with Communion (IL Lounge) 11:00 Smoothie Sundays (IL Studio) 11:00 Streamed Protestant Service (Theater) 1:30 New Series-Assessing America's National Security Threats: Ep 1(Theater) 2:00 Playing Card Bingo (AL Studio) 4:00 Happy Hour (IL Bar) 6:30 Movie Night (Theater) 7:00 Evenings with Dan (IL Studio)</p>	<p>20 11:00 Move For Life (AL Studio) 11:00 Gardening Club (IL Studio) 1:00 Walking Club (Meet in AL Studio) 1:30 Mexican Train Dominos Game (AL Lounge) 1:30 Meditation with Dr. Raj (Theater) 2:00 BINGO (AL Studio) 3:00 IL Townhall (IL Dining Room) 4:00 Happy Hour (IL Bar) 6:30 Movie Night (Theater)</p>	<p>21 11:00 Move For Life (AL Studio) 12:00 Trip to Longhorn Steakhouse (Marlborough) 1:00 Mahjong (IL Studio) 2:00 Live Concert by Rob LeDoux (AL Studio) 2:30 Spanish for Beginners – Resident Practice Class (IL Cafe) 4:00 Happy Hour (IL Bar) 7:00 Poker Night (IL Studio)</p>	<p>22 11:00 Move For Life (AL Studio) 1:00 Bible Share & Care (Theater) 1:00 Walking Club 1:00 Rummikub (IL Lounge) 1:00 Recycled Craft Garden Project (AL Studio) 2:00 Artisan's Yard Sale (AL Studio) 2:00 Canvas Painting with John (IL Studio) 4:00 Happy Hour (IL Bar) 6:30 Playing Card Bingo (AL Studio)</p>	<p>23 11:00 Move For Life (AL Studio) 12:15 Trip to WooSox Game 1:00 Mahjong (IL Studio) 1:30 Meditation with Dr. Raj (Theater) 2:00 Wind Chimes Craft (AL Studio) 2:00 Canvas Painting with John (IL Studio) 2:00 Beginners Watercolor Painting with Paul (IL Studio) 2:30 Salute to Broadway: Part Two (Theater) 4:00 Happy Hour (IL Bar) 6:30 Movie Night (Theater)</p>	<p>24 11:00 Move For Life (AL Studio) 1:00 Men's Group-Shuffleboard/Putt Golf (AL Patio) 1:00 Walking Club 1:00 Mexican Train Dominos Game (AL Lounge) 1:30 Meditation with Dr. Raj (Theater) 2:00 Playing Card Bingo (IL Studio) 4:00 Happy Hour (IL Bar) 6:30 Movie Night (Theater) 7:00 Evenings with Dan (IL Studio)</p>	<p>25 11:00 Video Exercises (AL Studio) 11:00 Spa Manicures (AL Studio) 1:00 Shuffleboard/Putt Golf (AL Patio) 1:30 Documentary Hour: The Future of Space Travel (Theater) 2:00 Spanish Class with Betsy (IL Studio) 2:00 BINGO (AL Studio) 4:00 Happy Hour (IL Bar) 6:30 Movie Night (Theater)</p>
<p>26 10:00 Livestream of Catholic Mass, with Communion (IL Bar & Lounge) 11:00 Smoothie Sundays (IL Studio) 11:00 Streamed Protestant Service (Theater) 1:30 Assessing America's National Security Threats: Ep 2(Theater) 2:00 Playing Card Bingo (AL Studio) 4:00 Happy Hour (IL Bar) 6:30 Movie Night (Theater) 7:00 Evenings w Dan (IL Studio)</p>	<p>27 11:00 Move For Life(AL Studio) 11:00 Gardening Club (Patio) 1:00 Walking Club 1:30 Mexican Train Dominos 1:30 Meditation with Dr. Raj (Theater) 2:00 BINGO (AL Studio) 4:00 Happy Hour (IL Bar) 4:30 Memorial Day BBQ (Dining Patio) 6:30 Movie Night (Theater)</p>	<p>28 10:30 Trip to Fitchburg Art Museum 11:00 Move For Life (AL Studio) 1:00 Mahjong (IL Studio) 2:00 Live Concert by Kalifornia Karl (AL Studio) 2:30 Spanish for Beginners – Resident Practice Class (IL Cafe) 4:00 Happy Hour (IL Bar) 6:30 Movie Night (Theater) 7:00 Poker Night (IL Studio)</p>	<p>29 11:00 Move For Life (AL Studio) 1:00 Bible Share & Care (Theater) 1:00 Walking Club 1:00 Rummikub (IL Lounge) 1:00 Recycled Craft Project (IL Studio) 1:00 Zumba for Beginners (IL Studio) 1:30 Spring Floral Canvas Craft (AL Lounge) 2:00 BINGO (AL Studio) 2:00 Canvas Painting with John (IL Studio) 4:00 Happy Hour (IL Bar) 6:30 Playing Card Bingo (AL Studio)</p>	<p>30 11:00 Move For Life (AL Studio) 1:00 Mahjong (IL Studio) 1:30 Meditation with Dr. Raj (Theater) 2:00 Educational Program on Benefits of CBD Medicine (AL Studio) 2:00 Canvas Painting with John (IL Studio) 2:00 Beginners Watercolor Painting with Paul (IL Studio) 4:00 Happy Hour (IL Bar) 6:30 Movie Night (Theater)</p>	<p>31 10:00 Tech Support by Assabet Student (AL Lounge) 11:00 Move For Life (AL Studio) 1:00 Men's Group Shuffleboard /Putt Golf (AL Patio) 1:00 Walking Club 1:00 Mexican Train Dominos (AL Lounge) 1:30 Meditation with Dr. Raj (Theater) 2:00 Playing Card Bingo (AL Studio) 4:00 Happy Hour (IL Bar) 6:30 Movie Night (Theater) 7:00 Evenings with Dan (IL Studio)</p>	<p>All programs are subject to change without prior notice. Please check the daily schedules for the most updated programming for the day.</p>

